



主辦機構
Organizer



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資助機構
Subvented by



65th Festival of Sport – Underwater Sports Fun Day
(Experiencing Finswimming)
第 65 屆體育節 – 水底運動同樂日
(蹼泳體驗)

全民運動
Sport for All

活動資料 Event Information:

- 日期 Date : 2022年6月12日 (星期日)
12 June 2022 (Sunday)
- 時間 Time : A節14:30-15:15 B節15:30-16:15 C節16:30-17:15
A節請於下午14:00入場報到及熱身
B節請於下午15:00入場報到及熱身
C節請於下午16:00入場報到及熱身
- 地點 Venue : 大環山游泳池 Tai Wan Shan Swimming Pool
- 參加資格 : 年滿 8 歲及能連續游畢 50 米距離者。
- Qualification : (12 歲以下之參加者須由成人陪同出席。)
- 報名費 :
Application Fee 全免 Free
- 截止報名日期 : 2022年6月6日 (星期一)中午十二時
- Deadline 12:00 noon. 6th June 2022

請注意: 活動日將有機會因應疫情發展以及政府實施的防疫抗疫措施作相應調整。

報名辦法 Application Method :

- 請填妥蹼泳體驗個人活動報名表及填妥免責聲明書(A-003) ;
Please fill the Experiencing Finswimming Entry Form and make sure the waiver is filled.
- 寄回香港銅鑼灣掃桿埔大球場徑一號奧運大樓1012室或傳真2577 5601至香港潛水總會報名。
Please send the complete application form to Room 1012, Olympic House, So Kon Po, Causeway Bay, Hong Kong by post or by fax at 2577 5601.
- 報名表格可於本會網頁<http://www.hkua.org.hk>下載、親臨或來電本會以傳真索取。
Application forms can be downloaded at our website (<http://www.hkua.org.hk>) or to HKUA office.

查詢 For Enquiry :

- 香港潛水總會(HKUA) 電話 Tel: 2504 8154
傳真 Fax: 2577 5601
網頁 Website: <http://www.hkua.org.hk>
電子郵箱 Email : administrator@hkua.org.hk



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《同樂項目》蹼泳體驗 Experiencing Finswimming

目的：促進及推廣香港蹼泳之發展，使蹼泳在香港更加普及。

Objective: To promote Finswimming to the community.

器材：因個人衛生及舒適關係，活動當日，請帶備雙蹼，厚襪及泳鏡。
參加者如沒有蛙鞋，請填回雙腳尺寸，本會會嘗試盡量安排。

Equipment: Due to hygiene consideration, please bring your own bi-fin, a pair of socks and goggles on the Event Day.

If the participant doesn't has bi-fin, please inform us your shoes size, we will try our best to prepare it.

獎勵：所有參與蹼泳體驗之參加者，均可獲得證書乙張。

Certificate: We will have a certificate for all participants.

程序表 Rundown

時間 Time	項目 Event
14:00 - 14:15	A 節蹼泳體驗參加者到場登記 Arrival of Participate for Experiencing Finswimming
14:15 - 14:30	A 節蹼泳示範 Finswimming Demonstration
14:30 - 15:15	A 節蹼泳體驗 Experiencing Finswimming
15:00 - 15:15	B 節蹼泳體驗參加者到場登記 Arrival of Participate for Experiencing Finswimming
15:15 - 15:30	B 節蹼泳示範 Finswimming Demonstration
15:30 - 16:15	B 節蹼泳體驗 Experiencing Finswimming
16:00 - 16:15	C 節蹼泳體驗參加者到場登記 Arrival of Participate for Experiencing Finswimming
16:15 - 16:30	C 節蹼泳示範 Finswimming Demonstration
16:30 - 17:15	C 節蹼泳體驗 Experiencing Finswimming

備註：本會保留更改本章之權利，而不作另行通告。

p.s. : HKUA reserves the rights to revise its terms and conditions at any time.

防疫措施指引及安排



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**Infection Control Measure Guidelines and
Event Arrangement**

推廣日將以閉門方式進行，不設觀眾。

The event will be held behind closed-door.

1.	於泳池正門出入，用手機掃安心出行QR code，以及量度體溫。 All participants must scan "Leave Home Safe" QR code and measure body temperature when entering the pool.
2.	所有入場人士，必須於泳池門口向職員登記及遞交健康申報表。 All participants must register with staffs and submit the Health Declaration Form before entering the pool. 請預先填妥健康申報表，於推廣日當天入場時遞交。申報表可於總會網頁下載。 Please complete Health Declaration Form in advance and submit upon arrival at pool entrance on event day. Health Declaration form could be downloaded in HKUA web site.
3.	游泳池看台座位，不可超過四張連續座椅被佔用。 NO more than four consecutive seats can be occupied in the same row at the spectator stand.
4.	所有工作人員、參加者及訪客必需所有時間佩戴口罩。參加者於進入泳池池面可以除下口罩作準備，請泳員自備口罩套。完成體驗後離開泳池，需佩戴口罩再返回看台。 Officials, participants and guest must wear mask properly at all time. Participant can only take off their mask for preparation at pool deck. All participants please prepare their own mask cover and put on the masks when they leave the swimming pool deck.
5.	每條線道不可超過8名泳員。 No more than EIGHT swimmer per swimming lane at all time.
6.	是次比賽是閉門作賽，不設外來觀眾作訪，全部實名登記入場。 The competition will be organized behind closed doors and without public spectators, all participants of the competition should fill out registration form with real names and contact number.
7	所有工作人員和運動員必須已接種至少2劑新冠疫苗。並在同樂日當日到達泳池前在家進行快速測試並且獲得陰性結果再經工作人員確認身份後方可進入游泳池工作或參加項目。 All officials and swimmers must been received at least 2 doses of COVID-19 vaccination. Furthermore, rapid test is required to be conducted on 12 June 2022 and obtain a negative test result before arrival to venue and confirming their identities by the HKUA staff accordingly.