



香港潛水總會主辦  
Organized by  
Hong Kong Underwater  
Association



康樂及文化事務署資助  
Subvented by  
Leisure and Cultural  
Services Department

## 防疫措施指引 及 比賽安排

### Infection Control Measure Guidelines & Competition arrangement

1. 於泳池正門出入，用手機掃安心出行QR code或填寫記錄紙，以及量度體溫。  
All participants must scan “Leave Home Safe” QR code or filling in visitor registration form and measure body temperature when entering the pool.
2. 所有入場人士，必須於泳池門口向職員登記及遞交健康申報表。  
All participants must register with staffs and submit the Health Declaration Form before entering the pool.  
請預先填妥健康申報表，於比賽當日入場時遞交。申報表可於總會網頁下載。  
Please complete Health Declaration Form in advance and submit upon arrival at pool entrance on event day. Health Declaration form could be downloaded in HKUA web site.
3. 游泳池看台座位，不可超過四張連續座椅被佔用。  
NO more than four consecutive seats can be occupied in the same row at the spectator stand.
4. 所有工作人員、運動員及訪客必需所有時間佩戴口罩。運動員於泳池比賽線道前方可以除下口罩作準備，請泳員自備口罩套。完成賽事後離開比賽池，需佩戴口罩再返回看台。  
Officials, athletes and guest must wear mask properly at all time. Athlete can only take off their mask for preparation at racing lanes. All athletes please prepare their own mask cover. Athletes have to put on the masks when they leave the swimming pool deck.
5. 熱身時，每條線道不可超過8名泳員。  
No more than EIGHT swimmers per swimming lane during warm up.
6. 比賽完結後一小時內，所有人必須離開游泳池。  
ALL participants must leave the swimming pool within ONE hour after the competition finished.
7. 是次比賽是閉門作賽，不設外來觀眾作訪，全部實名登記入場。  
The competition will be organized behind closed doors and without public spectators, all participants of the competition should fill out registration form with real names and contact number.
8. 本會會跟據政府所發出的公告更新本指引，而不另行通知  
This guideline will be updated according to latest government instructions without prior notice.